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# First Selectman's Corner

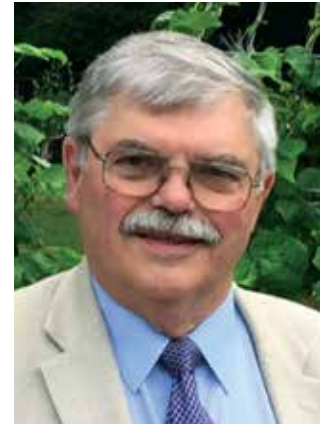
On May 7th the Town of East Haddam approved our 2019-2020 budget. We started in early December with a tri-board meeting where our citizen's guide to the budget was introduced and the process by which we would create that budget was outlined. As always, we started with a zero based budget, where every proposed expense had to be justified. During the following months the Board of Education and then the Board of Selectmen held workshops where they each reviewed and adjusted their portions of the budget. With both budgets in hand the Board of Finance



The Jack Herman Bench.

then scheduled additional workshops to further refine the now combined budget. Throughout this process, the public was always welcome, their comments contributing to the ultimate creation of a fair and balanced budget. Due to these efforts, East Haddam continues to benefit from years of careful planning and sound budgetary practice.

On May 25th we dedicated a stone bench along the Heritage Park path in memory of a very special member of our community. Jack Herman was the founder and life-long proprietor of Nathan Hale Pharmacy. Throughout his life, Jack never missed an opportunity to lend a helping hand. His thoughtfulness was a cornerstone for our Town and his customers. Going forward this bench will offer respite to the weary and a reminder, to all who pass, of a truly caring and generous friend.



Emmett Lyman  
First Selectman



We want to welcome Irene Haines, pictured left, as our new Economic Development Administrator. Irene has served East Haddam for many years. She is a past President of the East Haddam Business Association and a founding Board Member of East Haddam News, Irene was an active member of our Economic Development Commission

continued on page 3



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# events

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## First Selectman's Corner... continued from page 1

(until she was recruited as our EDA) and is currently serving us as an elected member of Connecticut's House of Representatives. She brings an extensive knowledge of our business community as well as endless energy. She has already shown herself to be an energetic and effective member of our community. We can now look forward to the benefits her efforts will bring to our future economic development.



Above, left to right, Ryan Warriner of Andover, Daniel Kisluk of East Haddam and John Hopkins of Hamden have joined us as part time career Firefighter/EMT staff. Over time, it has become clear that purely local volunteer staffs cannot completely satisfy the needs of our community. An aging population along with fewer opportunities to work within our Town have resulted in fewer volunteers. Our paid career staff has become an essential

part of the solution. They work twelve hours per day, 6:00 am through 6:00 pm, Monday through Friday. Together they bring exceptional knowledge and experience to our Town. A positive outlook and a readiness to share their knowledge make them significant assets for both our Volunteer Fire Department and Volunteer Ambulance Association.

Summer is with us again, endless heat and sunshine to enjoy but a cool respite can offer a welcome break. Our Sabine Reserve open space is just such an opportunity. Located between the unimproved portion of Daniel Peck Road and the Moodus Reservoir it is a cool, heavily treed property with a unique character. Its 2.6 miles of trails wander through a landscape as varied as any in East Haddam. The land is thick glacial gravel deposits, steeply descending into marshes and the reservoir. Upland oaks and hickories mix with stands of white pine and red maple swamps, all together giving it a unique and primeval character. The area abounds with wildlife; look for scarlet tanagers, deer, otters, beavers and even native brook trout. Evidence of the property's history can be seen in its endless stonewalls and an ancient farm house foundation with its center chimney fallen. Park at the cul-de-sac at the eastern end of Daniel Peck Road. I will be looking for you on the trails.

Emmett J. Lyman, First Selectman

## Summertime at the Lake!



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## From the Assessor

The Assessor's office began accepting applications for the Elderly and Totally Disabled Renters Rebate Program on April 1, 2019. Applicant's total income must not exceed \$36,000 for a single person, and \$43,900 for a couple (joint income), including Social Security and Medicare. Applicants must be 65 or older or totally disabled and bring all income, rent, and utility information from 2018. The deadline for filing is October 1, 2019.

All owners of business personal property must file a personal property declaration by November 1, 2019. If a declaration is not filed, the Assessor is required by state statute to complete a declaration for the owner with an estimated assessment and add a 25% penalty. A 25% penalty is also assessed if the declaration is late. Declaration forms for those who filed last year will be sent in September of 2019. Blank declarations will be available in this office at that time.

Residents whose motor vehicles have been sold, stolen, totaled, or who have moved out-of-state may be eligible for a pro-ration of their car taxes.

Two forms of proof are necessary to pro-rate or remove a vehicle from the grand list. Residents must bring a copy of the plate receipt issued by the Department of Motor Vehicles at the time of cancellation of registration, and a copy of one of the following; bill of sale, transfer of title, receipt from junkyard, notification of total loss, trade-in papers, or some other document showing the date on which the vehicle was disposed. Registrations may now be cancelled on-line by going to CT DMV On-line Services.

The Assessor's office has its own web page on the town website at: [easthaddam.org](http://easthaddam.org). Included is information on real estate, personal property, and motor vehicle assessments; property tax relief for seniors, veterans, and the disabled; renters' rebate; information on revaluation; access to applications and forms pertaining to the Assessor's office.

## Holiday Closings

**THE MUNICIPAL OFFICE COMPLEX AND THE TRANSFER STATION WILL BE CLOSED ON THE FOLLOWING HOLIDAYS:**

**Monday, September 2 - Labor Day**

**Monday, October 14 - Columbus Day**

*Regular hours will resume on the next business day.*



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# 23rd Annual Venture Smith Day Festivities

Saturday, September 7th, 1:00 pm to 4:00 pm in East Haddam

The 23rd annual Venture Smith Day Festivities will be held on Saturday, September 7th from 1:00 pm to 4:00 pm in the First Church Cemetery, 499 Town Street (Route 151,) East Haddam, Connecticut, where Venture Smith (1729-1805) is buried. Son of an African king, Venture Smith became the first black man to document his capture from Africa and life as an American slave and successful black freeman in Connecticut. Well known and respected, Venture Smith spent the majority of his freedom years in East Haddam and Haddam Neck, Connecticut. His grave is one of the original sites on the Connecticut Freedom Trail.



Keynote speaker  
Maisa L. Tisdale.

The keynote speaker will be Maisa L. Tisdale, President and CEO of The Mary & Eliza Freeman Center for History and Community located in Bridgeport, Connecticut. She will talk about “Audacity! Bridgeport CT’s Little Liberia - A Free Black Settlement in This Slave State.”

Other speakers will include Beth Moore, Museum Curator, Stonington Historical Society; State of Connecticut Representative Bobby Gibson; Weymouth Eustis, Connecticut Historical Wood Sculptor; and Dr. Karl P. Stofko, E. Haddam Town Historian/Venture Smith researcher.



Beth Moore, Curator at the Stonington Historical Society.

Beth Moore, Museum Curator at the Stonington Historical Society located in Stonington, Connecticut, will talk about a recent grant awarded to the Stonington Historical Society to create a permanent “Life of Venture Smith Exhibit” at the Old Lighthouse Museum and “Venture’s Place” in Stonington, Connecticut. Venture Smith, a slave of Oliver Smith of Stonington,

was allowed to purchase his freedom in 1765. Venture took the name Smith as his last name and lived a freeman in Stonington until 1774 before moving to East Haddam. The exhibit will also explore the history of slavery in New England while focusing on slavery in Southeastern Connecticut. Moore will also give an update about the status of a grant application to add the 26 - acre Venture Smith Home Site on Barn Island (Stonington, Connecticut) to the Connecticut Freedom Trail.



State of Connecticut Representative Bobby Gibson.

In March 2019, State of Connecticut Representative Bobby Gibson submitted written testimony in support of HB 7082, an Act Concerning the Inclusion of African American Studies in the Public School Curriculum to the Chairman Senator McCrory, Chairman Representative Sanchez and esteemed members of the Education Committee. At Venture Smith Day, Representative Gibson will talk about why he supports Bill 7082 and why all Connecticut students can benefit from the mandatory inclusion of African American Studies in our schools.

Weymouth Eustis, a Connecticut wood sculptor, who enjoys carving famous life-like figures from history, will unveil his historically correct life-like wooden statue of Venture Smith.

Venture, who was often referred to as the “The Black Paul Bunyan” when he was alive, stood over six and one-half feet tall, weighed over 300 pounds, and was often seen carrying an 9-pound axe for cutting down trees.



Connecticut sculptor Weymouth Eustis of Chester working on Venture Smith carving at his workshop in Chester.





Dr. Karl P. Stofko, East Haddam's Municipal Historian and Venture Smith family genealogist since the 1970s.

Dr. Karl P. Stofko, East Haddam's Municipal Historian and Venture Smith family genealogist since the 1970s, will talk about "New information about Tamar Loomis, Solomon Smith's (son of Venture) first wife; how East Haddam and Haddam Neck friends helped Venture Smith; and information about the end Venture Smith's life.

Venture Smith's family genealogy and artifacts and crafts from Ghana and other regions of Africa will be on display. A town proclamation will be presented and wreath-laying ceremony by the descendants of Venture Smith and the annual Venture family reunion

photograph will take place in the cemetery by Venture's grave.

In addition, the ladies of "Sisters in Stitches Joined by the Cloth" of eastern Massachusetts will return this year with their magnificent African American quilts.



The ladies of "Sisters in Stitches Joined by the Cloth."

Adults and children who are interested in learning more about Connecticut history in the 1700 and 1800s are encouraged to attend. Please bring lawn chairs or a blanket. In case of inclement weather, the celebration will move into the First Church sanctuary.

There will be plenty of time to renew old friendships, talk with the speakers and Venture's descendants, as well as enjoy light refreshments in the Parish Hall next to the cemetery.

For questions, please call: 860-873-9375. To review the original Venture Smith autobiography, go to: [www.docsouth.unc.edu/neh/venture2/menu.html](http://www.docsouth.unc.edu/neh/venture2/menu.html).

### BRIEF BIOGRAPHY OF VENTURE SMITH

Born around 1729, Venture Smith's African birth name was Broteer, and he was the eldest son of King Saungm Furro of the tribe of Dukandarra in Guinea, West Africa. He was captured about 1736 when he was seven years old and was sold for "4 gallons of rum and some calico" at Anamabo on Africa's Gold Coast to Robinson Mumford, the steward of a Rhode Island slave ship. Broteer was renamed Venture because he was purchased by Mumford's own private venture. Venture grew up as a slave on Fishers Island, New York, which was being leased by the Mumford family at that time.

Around 1750 he married Meg, another Mumford slave, and they had four children. After a failed escape attempt in 1754, Venture was sold to Thomas Stanton of Stonington Point, Connecticut. In 1760, he was purchased for the last time by Oliver Smith, of Stonington. Smith allowed Venture to purchase his freedom in 1765 and in return Venture took the name Smith as his surname.

Venture then lived and worked on Long Island to raise money to purchase the freedom of his wife and children. During these years he cut wood, farmed, fished, and spent seven months on a whaling voyage. In 1774, Venture sold all his land on Long Island and in Stonington and moved his family to East Haddam. He then began purchasing land on Haddam Neck along the Salmon River Cove from Abel Bingham and others. His farm grew 134 acres with three houses; twenty boats, canoes and sailing vessels; two fishing businesses and a commercial orchard. His entrepreneurial ventures included river trafficking, lumberjacking, carpentry and farming. All this he accomplished without the ability to either read or write.

In 1798, Venture dictated his autobiography to teacher Elisha Niles. It was then published in pamphlet form by Charles Holt, editor of the New London Bee. It has been reprinted many times. It is the only slave narrative of the 18th century that recounts life in Africa. His life story has been an inspiration to many over the years. Venture died on September 19, 1805, a highly respected man by all in the Haddams. His wife, two sons, Cuff and Solomon, and several grandchildren survived him. Several of his descendants still live in Connecticut.

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# Registrar of Voters

The Town Budget Referendum was held on Tuesday, May 7, 2019. 574 voters turned out to vote. The results were: 318 for and 256 against the 2020 Budget.

The two Registrars of Voters, the Deputy Registrar of Voters and four moderators completed Moderator recertification on June 6, 2019. The function of the Moderator is to be in charge of the polling place at elections, primaries and referenda. It is very important that our Moderators stay current with Connecticut election laws, therefore, Moderators must be recertified every two years. In addition to the Registrars who must be certified Moderators, East Haddam has seven certified Moderators. The Registrars would like to thank our Moderators who continue to be part of the voting process and whom we can always depend on to be sure our voting takes place as smoothly as possible.

If anyone is interested in either working at the polls or would like to become a certified moderator, please contact our office at: 860-873-5029 for more details.

The Registrars have upgraded our voting booths and have



obtained new voting stations, see above photo. These new voting stations will be used for all future elections. Each voting station can accommodate four voters and will eliminate long lines. The voting booths meet ADA standards and are designed with voting privacy in mind.

Martha Hansen and  
Lucy Salicrup

## East Haddam's Top Dogs for 2019



**Paisley Jane #1.**

Congratulations to the Kraszewski Family.



**Klondike #2. Runner up.**

Congratulations to the Faretti family.

## Absentee Ballots for Municipal Election

An elector may vote by absentee ballot due to:

- 1 the elector's absence from their town for all of the hours of voting;
- 2 illness or physical disability;
- 3 active service in the US armed forces;
- 4 religious tenets forbid secular activity on Election Day; or
- 5 service as a polling place official in a town other than their own.

Beginning Friday, October 4th absentee ballots are available from the Office of the Town Clerk for the November 5th Municipal Election.

Absentee balloting is a two-step process. The ballot may not be issued until an application for the ballot has been received. Applications may be filed

in advance of the ballot becoming available.

To obtain the application for an absentee ballot, call 860-873-5027 or come into the Town Clerk's Office. Forms may also be downloaded from the town's website at: [www.easthaddam.org](http://www.easthaddam.org) (elections under Town Clerk) or: [www.sots.ct.gov](http://www.sots.ct.gov) (elections & voting, voter resources, absentee ballot and procedures, application for ballot). While an absentee ballot can be issued pursuant to an electronic request, the absentee ballot application with an original signature must be on file in order for a ballot to be counted.

Debra H. Denette,  
East Haddam Town Clerk

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# Economic Development

## East Haddam EDC & EHBA are proud to announce the "Business of the Month" for April & May 2019



### Anderson's Sugarhouse is the April 2019 Business of the Month

Anderson's Sugarhouse is committed to producing the highest quality maple syrup and other maple products. They utilize sustainable practices to protect the long-term health of their trees and the farm is being updated with new energy-saving technologies. The process is something owner, Erik Anderson has perfected over the years and begins with tapping about 700 maple trees. He takes the raw sap and boils it down to make maple syrup, which can be processed into maple candy, cream, or sugar. Maple season for 2019 is under way, and this is a great time to take advantage of all the wonderful products. Located at 75 Daniels Road in East Haddam, maple syrup is always in stock and they usually have other maple products available. The farm stand is open daily from 9:00 am to 5:00 pm. They also have their products available online at [www.ctmaplesyrup.com](http://www.ctmaplesyrup.com) or you

can follow their business on Facebook. If you have any questions, you can call them at: 860-759-6478.



### Liberty Bank is the East Haddam Business of the Month for May 2019

Liberty Bank was established in 1825 and is Connecticut's oldest bank. With more than \$5.1 billion in assets and 55 banking offices throughout the central, eastern, western, and shoreline areas of the state, Liberty is a full-service financial institution. The Bank offers consumer and commercial/small business banking, home **continued on page 12**

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## Municipal Office Complex

Main Number: 860-873-5020

Fax Numbers: (Finance/Selectmen) 860-873-5025,

(Land Use/Building/Health) 860-873-1565,

(Town Clerk/Assessor/Tax Collector) 860-873-5042

Hours: Monday, Wednesday, Thursday 9:00 am to 4:00 pm,

Tuesday 9:00 am to 7:00 pm, Friday 9:00 am to noon

### Selectman's Office

Emmett Lyman, First Selectman 860-873-5021 admin@easthaddam.org  
Linda Zemienieski, Executive Assistant admin@easthaddam.org

### Assessor's Office

Loreta Zdanys, Assessor 860-873-5026 assessor@easthaddam.org  
Patty Veselak, Administrative Assistant

### Building Department

William Thody, Building Official 860-873-5024 building.dept@easthaddam.org  
Ruth Ziobron, Administrative Assistant

### Chatham Health District

Sanitarian 860-873-5101

### Finance Department

Cynthia Varricchio, Finance Director 860-873-5022 financeadmin@easthaddam.org  
Dawn Snow, Finance Assistant 860-873-5040 finance@easthaddam.org  
Kathy Klinck, Treasurer 860-891-8502

### Land Use Offices

Jim Ventres, Administrator 860-873-5031 admin.landuse@easthaddam.org  
Zoning Enforcement Officer zeo.landuse@easthaddam.org  
Nancy Talbot, Administrative Assistant landuse@easthaddam.org

### Tax Collector's Office

Denise Dill, Tax Collector 860-873-5033 taxcollector@easthaddam.org

### Town Clerk's Office

Deb Denette, Town Clerk 860-873-5027 townclerk@easthaddam.org  
Beverly Christopher, Assistant Town Clerk

### Public Works Department

fax: 860-873-6014

Town Garage Hood Lane Hours: Monday through Friday, 7:00 am to 3:30 pm  
Transfer Station Nichols Road Hours: Monday, Wednesday, Friday 7:00 am to 5:00 pm and Saturday 7:00 am to 4:00 pm  
Elizabeth Lunt, Public Works Administrator 860-873-5023 pwadmin@easthaddam.org  
Steven Hedler, Public Works Superintendent pwsuper@easthaddam.org  
Shirley Dill, Administrative Assistant publicworks@easthaddam.org  
Don MacKenzie, Transfer Station Foreman 860-873-5030

### Other Departments

Don Angersola, Fire Marshal 860-873-5004 firemarshal@easthaddam.org  
Brian Auld, Fire Chief 860-891-8400 firechief@easthaddam.org  
Lisa Conroy, Parks & Recreation Director 860-873-5058 parkandrec@easthaddam.org  
Michael Olzacki, Animal Control Officer 860-873-5044 animalcontrol@easthaddam.org  
Irene Haines, Economic Development Administrator 860-891-8503 edcadmin@easthaddam.org  
Craig Mansfield, Emergency Management Director 860-873-5103 ehaddamemgmt@easthaddam.org  
Ronald Turner, Director of Operations 860-873-6010 ronald.turner@easthaddam.org

### Resident State Trooper - Troop K East Haddam Police

860-465-5400 police@easthaddam.org  
860-873-5041 police@easthaddam.org

### Probate Court

Jennifer Berkenstock, Judge of Probate 860-295-6239  
Linda Neal, Clerk lneal@ctprobate.gov

### Registrars of Voters

Lucy Salicrup & Martha Hansen 860-873-5029 registrars@easthaddam.org

### Senior Services

15 Great Hillwood Road  
Brad Parker, Municipal Agent 860-873-5034 seniors@easthaddam.org  
Patricia Puia, Program Assistant 860-873-5034

### Food Bank

860-891-8100

Visit our Website at [www.easthaddam.org](http://www.easthaddam.org) for more information, including meeting minutes

## EHEDC & EHBA... continued from page 10

mortgages, insurance and investment services. Named in 2019 as one of the World's Best Banks, ranking 4th in the United States by Forbes and a Top Workplace by the Hartford Courant for seven consecutive years, Liberty maintains a longstanding commitment to superior personal service for customers and unparalleled community involvement.

Liberty Bank's Moodus Branch and its employees are very committed to the East Haddam community, serving on nonprofit boards, hosting donation drives, participating in countless volunteer opportunities and sponsoring local events. Last year, Branch Manager Jennifer Height even received the Bank's highest volunteer honor for employees when she was inducted into their Volunteer Hall of Fame. In addition to many other volunteer efforts, she is actively involved with the East Haddam Alumni Association, educating students about the negative effects of substance abuse; and the East Haddam Senior Center, filing taxes for our local residents for free. On Jennifer's behalf and in recognition of her service, Liberty Bank Foundation donated \$1,000 to East Haddam Youth and Family Services in 2018.

The employees at the Moodus Branch continuously go above and beyond to help their neighbors and leave a lasting impression. They recently sponsored a collection to assist the VFW Wall of Honor, and help the East Haddam Community Lions Club every year by handing out water at their April Fools Race. They also support Music on the River, Celebrate East Haddam, East Haddam Farmers Market, East Haddam Fall Celebration, and the East Haddam Business Association Business Expo, among other organizations.

Throughout the year, they are always looking for new ways to help out. With the East Haddam Youth and Family Services, the Moodus Branch team participates in Summer Palooza and collects items for families. They also knit and donate winter hats and collect gifts during holiday time. What's more, they help raise funds every November for the Lions Club through Liberty Bank's annual Thanksgiving Drive.

Visit our website at:  
**[www.easthaddam.org](http://www.easthaddam.org)**

We hope you will find our website to be a useful tool to find updated information and explore our wonderful community.



# Parks & Recreation Programs

As the carefree days of summer come to a close, we're gearing up for a fun packed fall!

## FALL YOUTH SOCCER

UK International Soccer will be running our fall program for ages 4 and 5 at Nichols Field, Saturdays, September 7 - October 19 from 2:00 - 3:00 pm.

Our program for 6 and 7 year olds will run September 4 - October 26 at Nichols Field. Practices will take place Wednesday evenings 5:30 - 6:30 pm and games will take place on Saturdays. Game times TBA. Shin guards are mandatory. Please bring a size 3 soccer ball and water bottle labeled with your child's name. Volunteer coaches are needed! Coaches will receive a free registration for one child in the program. Registration deadline is August 28th.

## BOOT CAMP FITNESS

This program is designed to build strength and fitness through a variety of intense group intervals over a 1-hour period. Ages 16+, Tuesday and Thursdays: 6:00 pm. Saturdays: 8:30 am.

## GENTLE YOGA

This program is appropriate for all levels of fitness or yoga experience. Ages 16+, Sundays and Wednesdays, 6:30 pm. Senior Center; Fridays: 10:30 am Grange Hall.

## PICKLEBALL

Tuesdays and Fridays: 9:30 - 11:30 am, ages: 18+, Thursdays: 6:30 - 8:30 pm, \$5 drop-in or purchase Pickleball club card, 10 games for \$40.

## CO-ED SOCCER

Ages 18+, Sundays 6:00 - 8:00 pm, Nichols Field. Will move indoors November 2.

## MEN'S BASKETBALL (18+)

Wednesdays 6:00 - 8:00 pm, Municipal Office Complex Gym.

## YOUTH OPEN GYM

Grades 7-12, Municipal Office Complex Gym, September 3 - December 31, \$10. Days TBD.

## KIDSCAPADES

September 5 - October 3 and October 10 - November 7.

- Toddler Sensory and Science, Ages 3-4, 11:00 a.m.-12:00 noon, Parks and Rec Activity Room
- Toddler Time Art, Ages 3 - 4, 12:30 - 1:30 pm, Parks and Rec Activity Room.
- Sizzling Science, Ages 4 - 8, 3:15 - 4:15 pm at the East Haddam Elementary School

## INTRODUCTION TO COOKING

Grades 4 - 5, Mondays, 3:15 - 4:45 pm, September 16 - October 28. Grades 6 - 8, Mondays, 2:15 - 3:45 pm, November 18 - December 16. \$70 for 5-week session. Session for grades 2 - 3 in the works!

## OTHER CLASSES/EVENTS IN THE WORKS...

Group Guitar Lessons, Futsal, ARC Babysitting, ARC When I'm in Charge, AHA First Aid/CPR, Parent/Child Yoga, Cheerleading Club, Unified Family Football or Kickball Game, and Tai Chi.

Please visit our website at: [www.easthaddamrec.com](http://www.easthaddamrec.com) for additional information and to register.



East Haddam offers visitors the opportunity to explore history, art, and natural beauty in scenic New England. East Haddam inhabits 56.6 square miles of rolling countryside dotted with old farmsteads, lakes, handsome state parks and quaint neighborhoods.

The fortunes of East Haddam have always been tied to the Connecticut River which brought settlers and commerce to the area. Historic homes, old stone walls, post and beam barns and early American buildings are a testament to the early life of our trading and farming town. You are welcome to share the views of our undisturbed woodlands, miles of dirt roads, and numerous pastures. Take time to relax

and enjoy your "get-away" in a location that the Nature Conservancy calls "One of the last great places." Visit our website at: [www.easthaddam.org](http://www.easthaddam.org) to find detailed information about the many attractions East Haddam has to offer.



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# East Haddam Library System

East Haddam Free Public Library & Rathbun Free Memorial Library are your source for eBooks, Digital Audio Books, and eMagazines!

You can listen to & read your books on your cellphone or tablet by installing the Libby app and following the prompts. You'll need your library card barcode to register. After you're setup, you'll be able to download materials right to your device. Here's a helpful tip - waitlists can be long for new releases or bestsellers. If you're looking for something to read immediately, try using the Explore option and selecting What's Available, to see everything you can download right away.

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logged in using your library barcode, you simply choose a magazine and download it. There is no limit to how many magazines you can check out. There are 150 titles including *HGTV*, *Rolling Stone*, *Woman's World*, *US Weekly*, *Atlantic*, and many, many more. The magazines are in full color, and some even have audio/video enhancements exclusive to the digital edition. RBDigital also has a selection of eBooks & Audio Books that can be borrowed for two weeks.

You can also access our digital materials by visiting [www.EastHaddamLibrarySystem.org](http://www.EastHaddamLibrarySystem.org) and clicking the links on the sidebar.

In addition to digital materials, the libraries also have online research materials. Thanks to a generous donation from the Riverview Cemetery

Association, both libraries now have access to the *Ancestry.com* library edition. Simply click the link on any library PC or go to: [www.AncestryLibrary.com](http://www.AncestryLibrary.com) while connected to the libraries' Wi-Fi. Another great research database is the Godfrey Genealogical database at the Rathbun Library - which is an excellent resource for family tree research in the local area & beyond. To access it, click the link on any library PC at the Rathbun.

If you're having trouble or aren't very tech-savvy, the libraries offer one-on-one tech help -including how to setup and use digital library materials on your laptop, phone or tablet. Please make an appointment by calling either EHFPL at: 873-8248 or Rathbun at: 873-8210 or email Library Director Michael Gilroy at: [MGilroy@easthaddamlibrarysystem.org](mailto:MGilroy@easthaddamlibrarysystem.org).

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# Friends of East Haddam Free Public Library

The Friends of EHFPL are pleased to announce their upcoming Book Sale on October 12th from 9:00 am - 2:00 pm at the East Haddam Grange Hall. The Friends are currently accepting donations that can be dropped off via appointment by calling East Haddam Free Public Library at: 860-873-8248. This Book Sale will feature hundreds of books in every genre, and for all ages. There will also be games, prizes, baked goods, and more as part of the Leo Club's Apple Fest which will be going on at the same time. Please stop by and show your support.

## East Haddam Early Childhood Council



The East Haddam Early Childhood Council is excited to announce the start of their playgroups for the 2019/20 school year!

Early Learning Play Group, children ages birth to age 5 can gather, learn, sing, hear stories and create with others in a play based setting. Meets on Mondays and Fridays from 10:00 - 11:00 am at the East Haddam Family Resource Center. Groups begin on Monday September 16, 2019.

This no cost, drop in program does not require registration. Email or call Early Childhood Coordinator, Lauren Kasperowski at [lauren.kasperowski@yahoo.com](mailto:lauren.kasperowski@yahoo.com) or 860-873-3296 with any questions. The Family Resource Center is located in the East Haddam Elementary School, 45 Joe Williams Road, Moodus.



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**It takes a community to improve the quality of life for all** – neighbors and friends who give their time and resources to support a passion or area of interest. We applaud the good people who are working in partnership to enrich and inspire creativity through the visual, written and performing arts.

**Together, we are making a real difference.** Thanks to our donors, funds, and our nonprofit partners, the arts are flourishing in our community – both “on stage” and “behind the scenes.” Together we are teaching our young people – and people of all ages – to sing, dance, sketch, paint, and even play an instrument. We are helping performing arts organizations purchase updated sound and lighting equipment to enhance production capability and audience experience. Thanks to you, our artists are sharing their talents and receiving that wonderful “Round of Applause.”

**Thanks to you, by combining our resources, we are able to make even the smallest gift have a big impact** - through charitable funds that support not only arts and culture, but also animal welfare, health and social services, education, history, the environment, civic improvements, recreation, and economic security and opportunity.

**We celebrate all of you who share the same desire to help our local community thrive today, and tomorrow.**

**We invite you to learn more by calling us or visiting us online.**



East Haddam  
Youth & Family Services, Inc.

# East Haddam Youth & Family Services, Inc.

www.ehyfs.org ~ 860-873-3296 ~ youthandfamily@ehyfs.org

## Youth Helping Youth

Youth Helping Youth is recruiting for the 2019-2020 school year! YHY is a club for high school students who want to be leaders, who want to be positive role models for kids, and who want to make a difference in the East Haddam community. Teens will have the opportunity to create events for middle school students, mentor younger students during Homework Hangout, and offer community events like the annual Senior Citizen Prom.

This year, YHY will be expanding its inter-generational programming. We will be planning and holding a series of events that will bring together middle school students, high school students, and senior citizens. If this sounds like the sort of community building that you or someone you know would like to do, you can find out more by contacting Youth & Family Services using the info above!

## Elementary School Family Nights 2019-2020

September 20th - Legos & Ice Cream

October 18th - Halloween

November 15th - Fall Festival

January 17th - Superhero Night

February 21st - Pirate Night

March 20th - St. Patrick's Day

April 24th - Outer Space

May 15th - Ice Cream & Twister

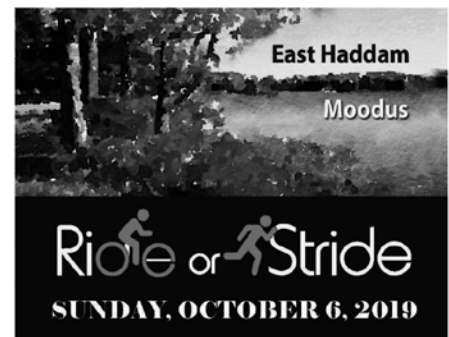
Family Nights are intended for families with kids aged 10 and younger. They are always free and snacks are provided! Please note, dates are subject to change. For the most up to date info check our website or social media.

## 4th Annual Ride or Stride

Please join us for the 4<sup>th</sup> Annual Ride or Stride on Sunday, October 6, 2019. The day offers something for everyone! **Ride** in one of three bike routes, which includes a 37-mile Gravel Grinder, a 23-mile Backroad Burner or a 10-mile Causeway Cruiser. **Stride** in the 5K Foliage Walk/Run. All age and fitness-levels are welcome! After, stay and have lunch at the post-race picnic (free with registration). Take your chance on the 20+ raffle prizes donated by local businesses.

This yearly event aims to provide a fun, family-friendly day that brings community members together. It is fully organized and staffed by volunteers and 100% of proceeds stay in our community. Last year, over 100 people participated and \$6,500+ was raised for programs funded by East Haddam Youth & Family Services!

Start and finish at the Moodus Sportsman's Club on East Haddam Colchester Turnpike. For more information and registration links, please visit [ehyfs.org](http://ehyfs.org).





# East Haddam Local Prevention Council

East Haddam  
Local Prevention Council



Growing a Healthy Community

The East Haddam Local Prevention Council (EHLPC) is an alliance of individuals and groups working together to create a strong, safe and substance free environment for East Haddam youth.

Building that healthy environment takes a collective voice from all parts of our community. We need the insights, skills, and participation of a wide range of local stakeholders to achieve our goals, and building community collaboration is integral to addressing our local needs. By developing opportunities and building positive relationships, we decrease the risk of youth drug and alcohol use.

The East Haddam Local Prevention Council is seeking representatives from our community to volunteer their time in the service of our youth.

## Coalition Updates

### Updates on the Choose Wellness Initiative

The Local Prevention Council and Youth & Family Services unveiled the Choose Wellness campaign earlier this year, and we have kept up the wellness activities ever since. This spring saw a series of workshops hosted in partnership with many of our local fitness centers. Annino Strength & Conditioning, Crossfit High Order, and Morefit, LLC all joined EHYFS and the LPC to discuss topics like strength training, nutrition, and massage. Meanwhile, Dr. Michael Kalinowski spoke on the importance of parent advocacy when interacting with your children's physician. Also part of the initiative, Rob Smith hosted a series of guided hikes over the summer, which were meant to bring families out for exercise, education, and quality time. The Conservation Commission partnered with us, as well, to develop an online map highlighting all the town's many trails and nature preserves.



It has truly been a great series of partnerships and they have helped spread the Choose Wellness message throughout the community. We will be continuing into the fall with more workshops, activities, and programs meant to address the idea of health in a genuinely holistic way. To keep up with the latest Choose Wellness activities, check out our website at [www.ehlpc.org](http://www.ehlpc.org), or find us on Facebook. If you or your organization would like to become involved in the initiative, please call John at 860.873.3296 or send an email to [john.fournier@ehyfs.org](mailto:john.fournier@ehyfs.org).

### State Opioid Response Grant

The Local Prevention Council has secured another round of State Opioid Response grant funding to support opioid prevention efforts in the community. In the first wave of funding, the LPC was able to promote use of the prescription drug monitoring system to local prescribers, produce materials on the locations of prescription drug lock boxes throughout the Chatham Health District, purchased prescription drug disposal bags, and more. While we continue to offer these materials at a variety of locations (including Nathan Hale Pharmacy and Middlesex Health Primary Care-East Haddam), the next wave of funding will allow us to expand our efforts. Funding will help support an equine therapy program provided in partnership with Ray of Light Farm. It will also help us work towards becoming a Recovery Friendly Community. We are looking forward to using the funding to build new partnerships and strengthen substance abuse prevention initiatives in the community!

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## Nathan Hale-Ray All School - All Class Reunion 2019

Save the date! The Nathan Hale-Ray All School - All Class Reunion 2019 is Saturday, August 17 at the Moodus Sportsmen's Club, 299 East Haddam-Colchester Turnpike, Moodus, CT. Festivities start at 3:00 pm. Dinner is 5:30 pm to 7:30 pm, with entertainment from 7:00 pm until 10:30 pm. Tickets are available at the door. For only \$20 a ticket, you get delicious food and outstanding entertainment. Please note that the Reunion is a BYOB event.

This year, we celebrate 1969 along with graduates from that year. What a year it was! The Woodstock Music Festival rocked Bethel, NY and the nation. The Beatles crossed "Abbey Road," and "Butch Cassidy and the Sundance Kid" stole a few hearts. The Eagle landed on the Moon on Tranquility Base and the world cheered Neil Armstrong's "one small step."

You can still attend the Reunion even if you did not graduate from Hale-Ray. Graduates of Mercy, Xavier, and other schools are welcome. Anyone who went to Hale-Ray or is part of the Hale-Ray extended family of parents, teachers, staff and former teachers is welcome. Teachers who have attended include Lou Milardo, Jim Meyer, Irene Parady, Jack Salbinski, John Nahas, Ray Flaherty, Kevin and Joanne Maynard, and Charlie Boynton, just to name a few. Who will you see this year? Come and find out!

All proceeds go towards helping our students. In 2013, our first year, we gave one scholarship. Since then, we have expanded to awarding two \$1000 scholarships. The Nathan Hale-Ray Alumni Association has also sponsored the June Thomas Art Award, essay contests, Project Graduation, and the MPAC Walk-A-Thon.

Spread the word through Facebook, e-mail, mail or word of mouth. Donate a gift for our awesome raffle! Bring a dessert. Bring your stories, memories and old photos - anything you would like to share about what a special place Hale-Ray is. Most important, be there on August 17!

The Nathan Hale-Ray Alumni Association is a not-for-profit organization, so your donation is fully tax deductible.

For more information, email [halerayalumni@gmail.com](mailto:halerayalumni@gmail.com), or call Ed Gubbins at: 860-873-8012, or Roy Parker at: 860-873-2367. You can also visit us at: [www.halerayalumni.com](http://www.halerayalumni.com) or on Facebook at: Past Students of Nathan Hale-Ray High School.



# Hale Ray High School Connections

The Hale Ray High School Connections group co-chairs Chris vanValkenburg & Patty Sticker, several parents, Principal Chris Eckert & Assistant Principal Allison Stoili met to discuss plans for the group in the up-coming school year.

The mission and goal of the HR Connections is "Connecting parents, staff and students for life long success." HR Connections group strives to encourage and compliment the Hale Ray community, improve the high school experience for our students and provide an opportunity for parents (guardians) to discuss and share experiences with school staff, other parents, guardians and students. We look forward to supporting the Administration, Sports Boosters, Music Boosters, all clubs and Project Graduation.

We cordially invite parents join us. Meetings will be held on the 2nd Monday of the month at 5:30 pm in the High School Library. For those who cannot join us for meetings but would like to receive notification and minutes please sign up for Remind 101 Class Name HR Connections Class Code @79kad9 School Nathan Hale Ray High School or email Chris at any time.

## POSSIBLE AGENDA TOPICS FOR 2019-2020 SCHOOL YEAR

- **Now-Summer:** Meet during the summer to prepare Connections presence at Freshman Orientation. Work with other parent organizations to arrange a possible welcome staff back to Hale Ray celebration. Work to create a welcome booklet for MS/HS parents to get them engaged in our school system and show them all EH schools have to offer.

continued on page 20



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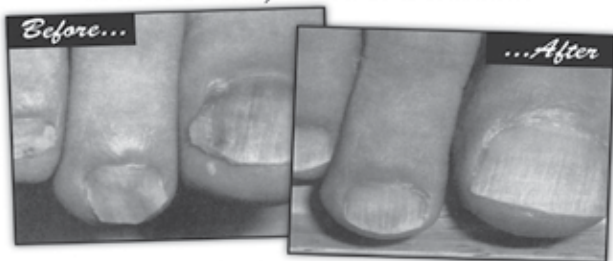
## Hale-Ray HS Connections... continued from page 19

- **August:** Freshman Orientation to be held on Monday August 26.
- **September:** Open House - Connections plans to have a table to get parents involved and sign up for minutes/Remind 101. Work with the students on the Veterans Day Program. Begin working on a stress management program similar to the Jordon Porco Foundation that is being incorporated for handling stress etc.
- **October/November:** Continue assisting the students and supporting the Veterans Day Program. Work with the staff for Parent/Teacher Conference Snacks. Begin discussions on how parents can work with the school for students completing the college application process and essays. Work with guidance and teachers for guest speakers.
- **January:** Connections will be working with the school and hopes to host guest speakers who review scholarship essays. This will enable parents and students to discuss their expectations on what they look for during the scholarship planning. Continue support services for special needs.
- **February:** Reach out to Wesleyan, UCONN, Middlesex Community College to see if they could speak to their expectations for what they look for in application essays. We will also be hosting a College Planning Night and Curriculum night.
- **March:** Workshop on Mindfulness during SATs, AP exams, Finals etc. Follow up with students/parents/guardians/administration on the Jordon Porco Foundation system.

For more information on Connections please email Chris at: [cvvalkenburg@snet.net](mailto:cvvalkenburg@snet.net). We look forward to seeing you in September.

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## The East Haddam Lions Club

On August 25th, the Lions will be hosting their annual Senior Chicken BBQ. The meal is free for seniors. Tickets are available at the Senior Center starting August 1st.

September 13th is the Annual Lion's Club Golf Tournament. The price per player includes dinner and the chance to win some amazing prizes. For entry fee and more information, including entry forms, please visit our website at: [www.EastHaddamLions.com](http://www.EastHaddamLions.com).

The East Haddam Lions would like to thank everyone who helped make this year's annual Lions Club Auction a success. With your support, the club raised over \$10,000 for the community. 100% of the money from the auction is used in East Haddam to help various town organizations, charities and efforts such as the Food Bank, Fuel Bank, and Nathan Hale-Ray Senior Scholarships.

The Lions would like to thank all the businesses, sponsors and participants who help make the Auction, Golf Tournament, Car Raffle, Phonebook and Senior Chicken BBQ successful each and every year.

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## East Haddam Leo Club

**INCOMING 7TH-12TH GRADERS ARE INVITED TO JOIN THE EAST HADDAM LEOS!**

What do Leos do? Leos earn volunteer hours by helping their community. They perform fundraisers and participate in community events, including...

- Cardboard Boat Race
- Apple Festival
- EHCL Road Race
- EH Lions Auction
- Hebron Lions Fair
- Moodus Green Xmas Decorations
- Kids' Day at the Farmer's Market
- Pumpkin Walk at Senior Center
- Bake Sales
- Xmas Tree Sales
- Memorial Day Parade
- Membership Events
- Game Nights

All proceeds from Leo Club events go to support various charitable causes & organizations around town. All community service hours count towards graduation requirements and always looks great on applications! The Leo Club currently consists of over 30 of East Haddam's finest young citizens.



Leos pictured above from Memorial Day Parade are left to right: Sarah Haentjens, Kayla Haentjens, Jennafaye Haentjens, Lacey Dargenio, Julia Freeman, Emma Dargenio, Zachary Crotty, Noah Leibowitz, Andrew Kittelman, Antonio Addario and Nicholas Iaruso.

The Leo Club's next major event will be the Apple Festival on Saturday, October 12th at the East Haddam Grange Hall from 10:00 am - 2:00 pm - featuring games, prizes, baked goods, a bounce house, and more! After that will be our annual Pumpkin Walk starting on Monday, October 28th at the East Haddam Senior Center. Hope to see you there!

Any East Haddam Teen (grades 7-12,) is welcome to join the Leos. The Leos meet the First Thursday of the Month and the Third Tuesday of the Month from 7:00 - 8:00 pm at the East Haddam Senior Center. Potential members are invited to stop by and see what the club is all about. For more details please contact Leo Adviser Michael Gilroy at: [GilroyM@gmail.com](mailto:GilroyM@gmail.com) or pick up an application at EHFPL or online at: [www.easthaddamleos.com](http://www.easthaddamleos.com).

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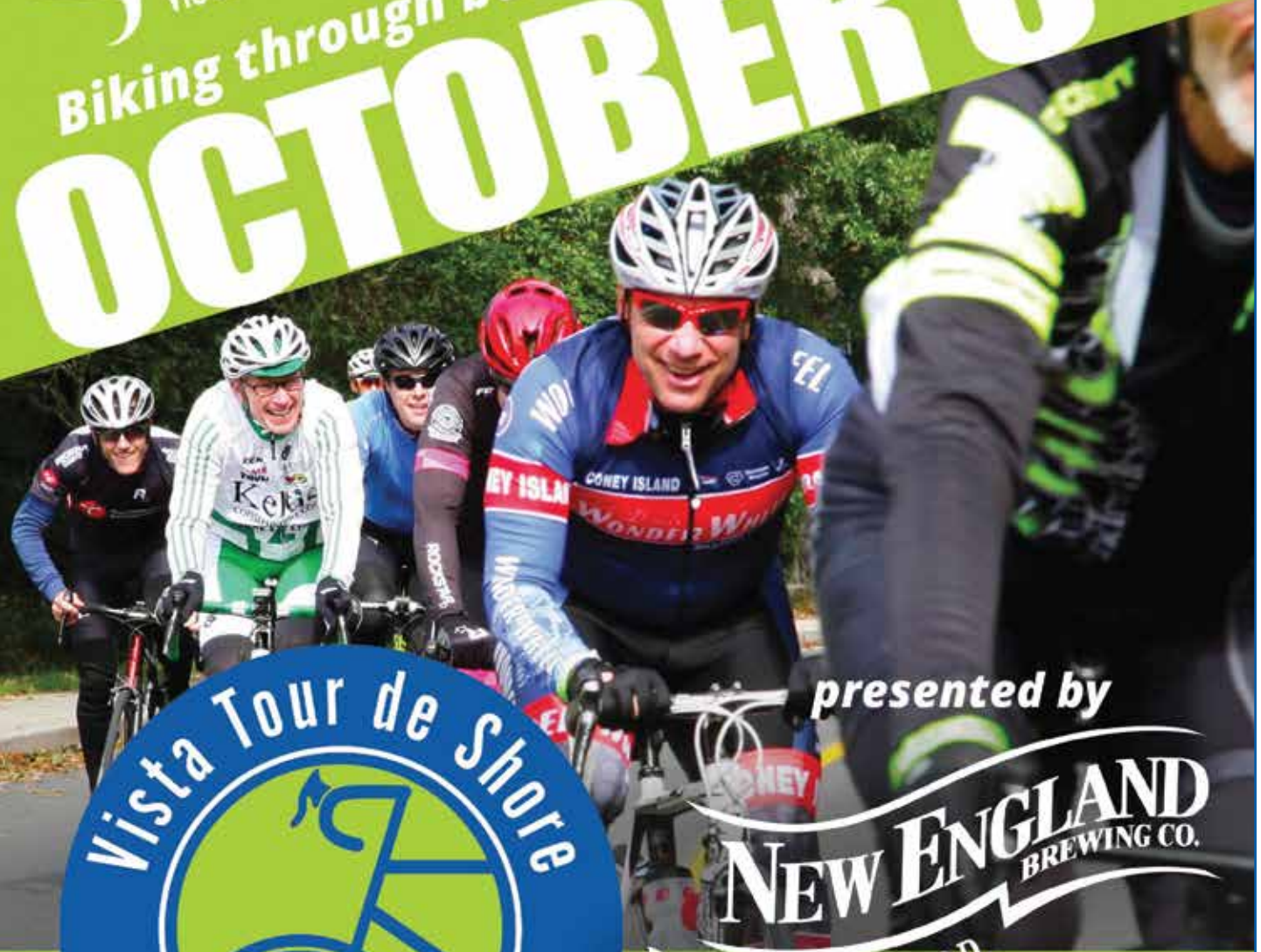
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# Community Lions Ice Cream Social



Everyone is invited to a free Ice Cream Social. Sponsored by the East Haddam Community Lions, the Ice Cream Social will be held on August 22 at the Moodus Sportsman's Club, 299 East Haddam Colchester Turnpike, from 6:00 - 8:00 pm.

Don't miss out on this fun evening. Beside ice cream and toppings there will be baked goods, music, a raffle for a variety of gift baskets. The lobster basket gets lots of attention each year. The Leos will be present to do face painting and tattoos.

250 people attended last year's ice cream social on a beautiful summer evening that concluded with a full moon over the Moodus Reservoir.

The Community Lions annual ice cream social is held in appreciation of YOU - the people of East Haddam. Your generous support of the Community Lions



People gathering for the EHCL free ice cream social. Join in the fun on August 22.

throughout the year enables the club to give over \$20,000 each year to a variety of endeavors.

Local community groups and efforts like the Food Bank, Emergency Fuel Bank, libraries, and Project Graduation benefit from Lions' support. Scholarships in the amount of \$2,000 each are presented to two local high school seniors. Support is provided to the Lion vision initiatives

in Connecticut and to the Lions Clubs International Foundation, which provides assistance worldwide.

Come for the ice cream. Come and socialize. Come for the music. Come for the excitement of the raffle. Come and have a good time.

East Haddam Community Lions - we serve!



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# Rep. Haines Sponsors Successful Flag Drive

Between Memorial Day and Flag Day, State Representative Irene Haines (R-34) sponsored a worn, tattered, torn, or otherwise unserviceable American Flag collection which concluded with a formal retirement ceremony held the Saturday after Flag Day.

Collection boxes were placed at the East Hampton and East Haddam Town Halls for two weeks for residents to drop off their flags. The flag retirement ceremony was held at American Legion Post 156 in Moodus with assistance from the East Haddam Fire Department.


“With the start summer and patriotic holidays such as Fourth of July on the horizon, it was the perfect time to properly retire worn American flags,” said Rep. Haines. “I want to thank everyone who participated in this year’s flag drive, especially American Legion Post 156 and the East Haddam Fire Department for their reverent and fitting retirement ceremony.”

According to United States Code, Title 4, Chapter 1, Section 8, “The flag, when it is in such condition that it is no longer a fitting emblem for display, should be destroyed in a dignified way, preferably by burning.”

continued on page 26

## CRUISE BLUES & BREWS

All proceeds benefit the At-Risk Boys Fund at the Community Foundation of Middlesex County



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To learn more visit [AtRiskBoysFund.org](http://AtRiskBoysFund.org)

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**10:00 AM – 5:00 PM**








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Rep. Haines collects worn American flags.

## Flag Drive... continued from page 25

Flag Day, the anniversary of the Flag Resolution of 1777, was officially established by the Proclamation of President Woodrow Wilson on May 30, 1916. While Flag Day was celebrated in various communities for years after Wilson's proclamation, it was not until August 3rd, 1949, that President Truman signed an Act of Congress designating June 14 of each year as National Flag Day.

Rep. Haines continues to host events across the 34th District, East Haddam, East Hampton and part of Colchester. Follow [www.RepHaines.com](http://www.RepHaines.com) and [www.facebook.com/RepHaines34](http://www.facebook.com/RepHaines34) for the latest updates and news from the Capitol.

## East Haddam Garden Club

### 90 YEARS & STILL PLANTING!

Nearly 90 years ago, the East Haddam Garden Club held its first meeting - a month after "Black Thursday" (the crash of the United States Stock Market,) when Herbert Hoover was president and gas was 12 cents a gallon.

At that first meeting on Nov. 26, 1929, nine women approved the following statement of purpose: "This association shall be known as The Garden Club of East Haddam, the object being to create interest in gardens in East Haddam and vicinity." Today's East Haddam Garden Club, with a membership of over 40, has continued and built upon the inspiration of the founding members. Our current mission statement is, "To stimulate the knowledge of gardening and related activities; to aid in the conservation of natural resources in order to preserve our heritage while promoting civic beauty in our community; to assist in educating the youth in our community on matters related to our purpose; and to promote charitable activities in our community." Our meetings (at least two per year are open to the public) feature programs on topics such as native plants, climate change, organic gardening, horticultural photography, herb and vegetable gardening. Trips to notable gardens are often scheduled.

### WORKING WITH EAST HADDAM STUDENTS & SENIORS

The East Haddam Garden Club is committed to working closely with all generations to encourage and support a lifelong love of sustaining and beautifying our community. To that end, we participate in the Elementary School Arbor Day program, dig in the dirt with the Middle School, sponsor an annual scholarship at the High School level and work with the clients of Chestelm Adult Day Services (ADS) to sow seeds and plant cuttings to grow items for our annual Plant Sale. ADS clients also help create holiday arrangements for the Food Bank with us in November. Arranged by Betty Gross, a group of club members led by Nancy MacKinnon worked with the ADS clients many times this spring, culminating in a "thank you" strawberry shortcake celebration given by the club after the sale.

Club members work side by side every year with Shaleen Thody's Middle School Environmental Club to maintain the beauty of their butterfly (pollinator) garden and increase the bounty in



Middle School Environmental Club members working with the Garden Club to plant tomatoes in one of the garden's raised beds.

their vegetable garden. The veg garden is used for "Farm to Table" lunches for the school and students enthusiastically proclaim their love of asparagus, strawberries, lettuce, and even rhubarb!

Congratulations goes to Jack Rogerson, a senior of the Nathan Hale Ray high school, for being awarded our 2019 \$1,000 scholarship. East Haddam senior student applicants are evaluated on a variety of strengths including: extracurricular activities, GPA, essay, teacher recommendations, and community service. These criteria are established by the Club scholarship committee. Jack will major in CyberSecurity and attend Clark University in the fall. Congratulations to Jack and all 2019 East Haddam graduates.

### OCTOBER PROGRAM OPEN TO PUBLIC

Mark your calendar for a special program open to the public, to be held at the East Haddam Senior Center. On October 16 at 7:30 pm, Laurie Masciandaro will present "Historic Gardens of Connecticut." A short business meeting for members precedes the program at 7:00 pm. Refreshments will be served at both programs.

### HAVE FUN WITH US

New members are always welcome to the Club... attend one of our monthly programs or two and get to know us. Check out our Facebook page: The East Haddam Garden Club or call Maureen Gillis at: 860-287-6228 or any club member for more information. We have a blockbuster schedule of programs this year, thanks to Chair Ellen Friedman and her committee!



# East Haddam Land Trust (EHLT)

## CELEBRATING 40 YEARS OF LAND CONSERVATION

More than four decades ago a group of local visionaries met in a home nestled near the Eightmile River. Some in this group were born and raised in East Haddam, others were drawn here by work, family or the peaceful nature of our rural town. All appreciated the natural beauty of the meadows, woodlands, rivers, lakes, farms and wildlife they lived amongst. All were concerned that, without action, much of this natural beauty could be lost.

Their vision became reality with the 1979 incorporation of East Haddam Land Trust. The founders, Anita Ballek, Alan Birmingham, Martha Tonucci, Stephen Gephart, Richard H. Goodwin, Art Merrow, Judith L. Nicholas, Peggy Wilson and Frank Wolcott set out to engage in and promote, for the general public, the preservation of natural, historic and scenic sites of East Haddam and contiguous towns.



Above, Eightmile River at Hammond Mill Preserve. Left, a toad in autumn.

The Land Trust received its first preserve, Hammond Mill, in 1980 as a donation from John and Barbara Kashanski. It was at the Kashanski's dining room table where the founding members first developed the Land Trust's mission.

Forty years later, East Haddam Land Trust oversees 700 acres of woodlands, fields and wetlands critical to the health of our region and the lower Connecticut River Valley. Amongst these acres you can wander moss-blanketed paths, be soothed by sounds of leaves rustling and birds calling and follow wildlife tracks

in newly-fallen snow. These are acres where you, your children and your grandchildren can rub the bark of an oak tree, see a hawk flying overhead or find salamander eggs in a vernal pool.

East Haddam Land Trust invites you to explore these acres, to find respite and wonder there. Visit: [www.ehlt.org](http://www.ehlt.org) for descriptions and maps of each Preserve and join us in celebrating forty years of land conservation.

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# Moodus Reservoir Preservation Group

## TIPS FOR A CLEAN & HEALTHY LAKE: LAWN CARE

1. REDUCE USE OF FERTILIZERS to minimize the chance for ALGAE BLOOMS in the water. See 2, following.
2. Set mowers to MULCH stage to automatically return cut grass and its NATURAL NUTRIENTS to soil.
3. WATERING ONCE PER WEEK is better than daily wetting. Lawns turning brown - most species will not be harmed by a month or more without watering.
4. Pest control - only 5 to 15% of lawn insects are pests. Let them be CONTROLLED BY LADY BUGS, TOADS AND PRAYING MANTIS.

## COMING EVENT

**August 23 through 25 - 3rd Annual Lakeside Dan's Save the Lake Benefit.**

ALL ARE WELCOME

- Non-Stop Food, Fun, Raffles & Live Music
- Friday - Fried Dough Featured
- Saturday - Corn Hole Tournament
- Sunday - Big Fish Contest plus 3:00 p.m. Annual Raffle Drawing
- Raffle Prizes: (10' kayak, paddle board, folding picnic table, "Billy Elliot" show tickets, plus!)

Our campaign to raise \$100,000 to purchase the Eco Harvester has reached \$54,000. This is the most effective and environmentally safe method for removing and controlling the invasive aquatic plants that are growing rapidly, threatening swimming, boating and fishing. We run fundraisers and apply for grants.

## Quilt and Needle Arts Show

The 24th Annual Quilt and Needle Arts Show sponsored by First Church of Christ, 499 Town Street, East Haddam, will again be held on Columbus Day weekend. This year the dates are October 12th & 13th.

Many quilts are displayed in the sanctuary, draped over pews and hung from the balcony. It's truly a spectacular sight! There are also hooked rugs, embroidery and knitted items. Some quilts are for sale, but most are loaned to us for display. This year's show will include a demonstration on Rug Hooking.

As always, we have a queen size quilt for our raffle quilt. It is machine pieced and all hand quilted by Betty Haines. The tickets are

selling for \$1.00 each and will be available at various places around town or from members of First Church.

The Quilt Show also has vendors and a boutique for shopping and our Cafe with delicious home-made soup and pies! Admission is \$7.00, but exhibitors attend for free. Show Hours: Saturday, 10:00 am - 5:00 pm and Sunday, 1:00 - 5:00 pm.

Whether you are a beginner or an experienced quilter, please consider exhibiting your works of art! Applications are available at: First ChurchEH.org or contact Margaret Charney for more information at: 860-537-3323.



Echo harvester for lake weed control.

The Moodus Reservoir Preservation Group, Inc. (MRPG) is a local non-profit, 501(c)3, community membership organization working to improve and protect the health of Moodus Reservoir. The lake is home to the town's only public beach, two state boat launches and much wild life.

Tax deductible donations may be made payable to: "MRPG," c/o Tim Varriale, Treasurer, 76 Falls Bashan Road, Moodus, CT 06469. To donate online, go to: [www.moodusreservoir.org](http://www.moodusreservoir.org), <https://www.facebook.com/Moodus-Reservoir-Preservation-Group-488742444530491/> or [www.paypal.com](http://www.paypal.com).

Monthly Meetings - 2nd Tuesday at the East Haddam Sportsmen's Club, 7:00 pm. All are welcome.



This year's Raffle Quilt is named: 'Midnight Reflections.'



# Conservation Commission News



Stewardship Work Party, left to right: Aiden Behilo, Chris Behilo, Joe Zaid, Todd Gelston, Rob Smith, Paul Sienna, Art Merrow, Sue Merrow and Brian Warman.

## RAIN COULDN'T DAMPEN STEWARDSHIP SATURDAY

What with record rainfall this spring, scheduling outdoor events has been a logistical challenge for those of us whose mission it is to get people out in East Haddam's amazing wild places. The Conservation Commission started off its spring Stewardship Saturday in mid-April by watching the weather radar intently for a sign that rain would stop in time. A crew of almost twenty hearty souls had gathered at the Roaring Brook Reserve, one of our newest open space properties, to clear and mark trails and tag boundaries on what is likely to become a beloved hiking spot. It boasts mostly level terrain, handsome forests, beautiful river views, and close proximity to other hiking opportunities.

All that we needed was a break in the rain so that the crew could strike off into the woods with loppers, chainsaws, and pruning shears to build the newest addition to our 70-mile East Haddam trail system. When our radar app watcher gave the nod that the rain was to let up, our busy morning commenced. We made some new friends and worked up an appetite for the sandwich and baked goodie lunch provided by the Commission that followed at noon.

Our East Haddam trail system is the envy of our neighbor towns. It wouldn't exist without extraordinary volunteer commitment. The Conservation Commission is constantly working to make that volunteer commitment more fun, and Stewardship Saturday is that and more.

If you would like to get to know one of our preserves, meet some fellow outdoor enthusiast, get healthy exercise, and enjoy a fun picnic in the woods, why not come to our next Stewardship Saturday, scheduled for September 28 (rain date October 5.) Watch the news for the exact location as the date approaches, and in the meanwhile, get out there, breath the fresh air, admire the views, and get close to nature on a marked and mapped trail. For maps, just go to: [www.Easthaddam.org](http://www.Easthaddam.org), click on Town Boards. Then click on Conservation Commission, and locate the Trail Maps section. For more information about how you can be involved in the Conservation Commission, call Sue Merrow at: 860-367-1687.

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# I-Park Hosts Site-Responsive Art Biennale + Illuminations Gala

SEPTEMBER 21 - 22, 2019

## ARTISTS FROM FIVE COUNTRIES & THREE CONTINENTS PREMIERE NEW WORKS AT I-PARK

I-Park, where Art meets Nature, is excited to announce its seventh Site-Responsive Art Biennale + Illuminations Gala in September.

During a 3-week onsite residency, nine artists will creatively engage I-Park's natural and built environments, culminating in a multi-disciplinary, multi-sensory outdoor exhibition. This year's artists are Jeremiah Barber (California,) Sally Kidall (Australia,) Chelsea Leventhal (Germany,) Anthony Heinz May (New York/Oregon,) John Melvin (Washington/France,) John R. Neeson (Australia,) Sasha Petrenko (Washington,) Elena Redaelli (Norway/Italy) and Moira Williams (New York.)

**Saturday, September 21:** I-Park's annual Illuminations Fundraising Gala, will feature a VIP preview unveiling of the



2017 Site-Responsive Art Biennale: Sauna Island, Andrew Ranville. Photo by Nancy Pinney.

nine new artworks - as well as cocktails, a sit down dinner, live music and a silent auction. The participating artists will be in attendance and happy to speak about their works.

**Sunday, September 22:** The 2019 Site-Responsive Art Biennale - a free community event. Guests will receive a map so they can create their own self-guided tour of the new installations, all set along I-Park's system of scenic art/nature trails. See the calendar below for more opportunities

to meet I-Park's artists-in-residence and experience I-Park's expansive art-escape.

## I-PARK CALENDAR AUGUST - NOVEMBER

**August 25**

OPEN Studios 2:00-5:00 pm.

**September 21**

Site-Responsive Art Biennale Preview + Illuminations Gala 6:00 - 10:00 pm.

**September 22**

Site-Responsive Art Biennale, Self-Guided Walks 2:00 pm.

**October 12**

Self-Guided Trail Walk + Plein Air Paint Out & Show 2:00 - 5:00 pm.

**November 3**

Self-Guided Site Walks 2:00 pm.

I-Park, a 501(c)(3) non-profit, has, since its inception in 2001, provided over 950 fully-funded residencies to artists from around the world. To learn more about artists' residencies and other opportunities, public programing and ways to support

## Essex Printing Wins Eight Print Awards

The Print Industry of New England (PINE) has announced that Essex Printing received eight awards in PINE's New England Regional Awards of Excellence competition. The announcement was made with hundreds of industry professionals in attendance at PINE's Industry Awards Gala, held at the Boston Marriott Burlington in Burlington, MA on April 11. With these new awards, Essex Printing has won a total of 28 print awards over the past 7 years.

"We are so pleased to have won so many awards this year. It is a testament to the dedication of our staff and the commitment we make to our customers," said Essex Printing's President, William McMinn. "It shows not only our dedication to quality but also our versatility," added McMinn. "Over the years, we have received awards for a variety of printed materials - from marketing pieces to books, from brochures to calendars. It's a great feeling when you have affirmation that you are providing your clients with print materials that they can feel very proud of."

PINE's Awards of Excellence Competition attracted over 300 entries from over 35 printing and imaging companies across New England competing in a variety of printing and graphic communications categories. A panel of judges with extensive experience in printing and print production examined the wide range of work submitted. Each entry was judged anonymously on its own merit

in a category with similar printed pieces. The judging criteria included: registration, clarity and neatness, sharpness of halftones and line drawings, richness and tonalities of color, paper and ink selection, ink coverage, difficulty of printing, effective contrast or softness, overall visual impact and bindery.

Essex Printing is a commercial printing company located at 18 Industrial Park Road in Centerbrook, Connecticut. Its operations are part of the same company that produces and publishes Events Magazines for 12 towns along the Connecticut Shoreline and into the Connecticut River Valley, including Clinton Events Magazines.

**You can contact Essex Printing at: 860-767-9087 or visit: [www.essexprinting.com](http://www.essexprinting.com).**



Some samples of our winning printed pieces.





2018 Illuminations Gala Cocktail Hour inside To A Constellation, Jennifer Newsom and Tom Carruthers. Photo by Marianne Barcellona.

I-Park, visit [i-park.org](http://i-park.org). We are very grateful to the Community Foundation of Middlesex County/Mary Janvrin and Natalie Janvrin Wiggins Fund for Birds, Other Animals and Nature for their support.

## Sleep Soundly with Inspire

Sleep apnea is a serious problem that can cause high blood pressure, heart failure and stroke. Symptoms of sleep apnea include, but are not limited to, getting up frequently to use the bathroom, waking up feeling tired and not well rested, excessive daytime sleepiness, waking up with headaches and problems with memory or concentration. If you experience any of these symptoms, you should see your doctor.

The standard treatment for obstructive sleep apnea is the use of a CPAP machine, which is a positive pressure therapy that involves the use of a mask, hose and small machine. The CPAP mask works by having a flow of air create a pressure in the back of your throat and mouth to hold open the soft tissues that are falling back and closing your airway.

If patients cannot use a CPAP machine then they may be offered an oral appliance or surgery, such as transoral robotic-assisted surgery. They may also be offered an implantable device called Inspire Therapy, which is similar to a pacemaker.

Dr. Mark D'Agostino, Middlesex Health's chief of Otolaryngology, was one of the first in the country to offer Inspire Therapy, which treats sleep apnea by implanting into patients a small device that senses breathing. A stimulation cuff is placed around a nerve that controls the tongue, allowing patients to breathe normally through the night. Patients control the therapy with a remote control.

To receive Inspire Therapy, you must be 22 or older and have failed CPAP therapy, and you must have moderate to severe obstructive sleep apnea with an apnea-hypopnea index between 15-65 and less than 25 percent central sleep apnea. You must also have a body mass index at or below 32. You should not be significantly overweight.

To learn more, visit [www.middlesexhealth.org/sleep](http://www.middlesexhealth.org/sleep).

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## Jackie Robinson: An Ongoing Legacy of Impact and Achievement

by Sigrid Kun



Rendering of future Jackie Robinson Museum. Courtesy Gensler/Ralph Appelbaum Associates/Mopix Studios.

Jackie Robinson's legacy is stronger than ever. It's not just every April 15th when each Major League Baseball team celebrates Jackie Robinson Day. Through the Jackie Robinson Foundation (JRF) he and his family continue to impact lives and improve the communities in which we live.

### BREAKING BARRIERS

Born on January 31, 1919 in Cairo, Georgia, Robinson grew up in Pasadena, CA. He later attended UCLA where he became the only student to letter in four varsity sports in the same year. He was drafted into the U.S. Army in 1942 and became second lieutenant. In 1944, while riding a bus back to Camp (now Fort) Hood, he was court martialed for refusing to move to the back of the bus. This ultimately led to his honorable discharge that same year.

It was around the same time that the Brooklyn Dodgers found it important to integrate Major League Baseball. Robinson signed a contract with the Dodgers in 1945 and began his baseball career with the Montreal Royals. On April 15, 1947, the color barrier was broken. Robinson became the first African American to play Major League Baseball, playing first base for the Dodgers. He carried himself with honor and grace despite facing opposition from crowds and teammates as well as threats to himself and his family. Named Rookie of the Year in 1947, his 10-year MLB career was outstanding - including being named MVP in 1949 and a World Series win in 1955. He was inducted into the Baseball Hall of Fame in 1962.

### ADVANCING EQUALITY AND CIVIL RIGHTS

Robinson transformed more than baseball. He and his wife, Rachel, became increasingly involved in the civil rights movement in the 1950s and 1960s. It was during this time (mid-1950s) that the family home in Stamford, CT was purchased - not without adversity. "Our parents faced housing discrimination during their search for a home," recalls Jackie Robinson's daughter, Sharon, who serves as Vice Chair of the JRF Board of Directors. "Andrea Simon, a prominent resident, heard of our difficulties and intervened." As Sharon and her brothers integrated into the neighborhood and schools, they faced various levels of racism. The home offered privacy, freedom, friendship, and sports.

And there were the wonderful jazz concerts. "Our family hosted our first 'Afternoon of Jazz' on our Stamford property in June of 1963," relates Sharon. "Dad was a fundraiser for the Civil Rights Movement" Robinson was also working with Dr. Martin Luther King Jr to raise money to rebuild black churches that had been bombed. The first concert was a fundraiser for Southern Christian Leadership Conference and came on the heels of Dr. King's efforts in Birmingham, Alabama.



Family portrait left to right: Sharon Robinson, Mom Rachel and David Robinson. Courtesy Jackie Robinson Foundation.

The concert was managed by a massive volunteer force of family and friends. Musicians (like Dizzy Gillespie) volunteered their time and talents. "My brother, David and I - along with our friends - sold hot dogs and sodas. Dad and Jackie Jr. parked cars. Mom was the directress with her hands in all aspects of the concert," recalls Sharon. The second concert was shortly after the Robinson family returned from the March on Washington. "Dr. King came and spoke to the crowd. It was one of the most amazing days of our young lives." The Afternoon of Jazz became a regular fundraiser for the Civil Rights Movement during Jackie Robinson's life. After he passed in 1972, the tradition continued with proceeds to support JRF.

### A LEGACY OF IMPACT AND ACHIEVEMENT

Rachel founded JRF in 1973. JRF not only honors the memory of Jackie Robinson and his heroic achievements but also provides college and graduate student scholarships and leadership development opportunities for students of color with strong capabilities but limited financial resources. It is a two-pronged approach with four-year grants and hands-on, comprehensive support.

This year, JRF is commemorating the 100th birthday of Jackie Robinson with a year-long series of events to benefit not only the organization's programs but also the future Jackie Robinson Museum. The culminating event will be the opening of the Jackie Robinson Museum in New York City in December of 2019. "It has been our family's dream to have a physical space where my father's legacy and the values and ideals by which he lived could inspire others," says Sharon. "We are excited to shine a light on my father's life, while raising funds to continue to positively impact the lives of others."

"My parents taught me the importance of loving your world," adds Sharon - an accomplished nurse-midwife, professor, author and educational consultant within the Commissioner of Baseball's Office. "We have a favorite Jackie Robinson quote: *'A life is not important except for the impact on other's lives.'*"

Photo of Jackie Robinson/Getty Images.



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